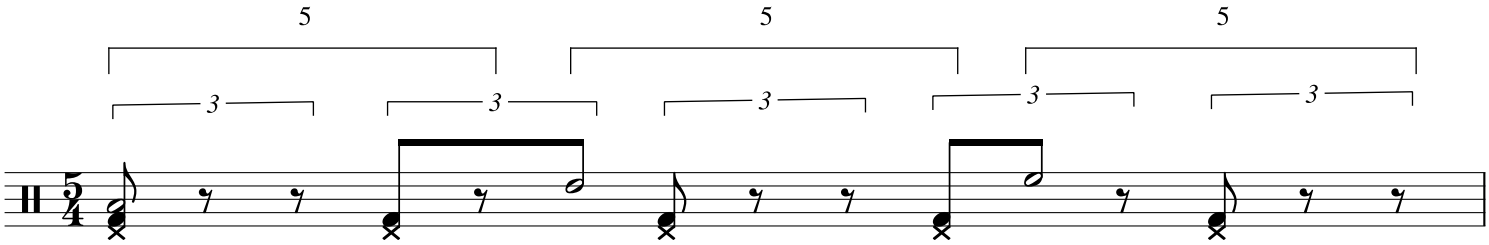
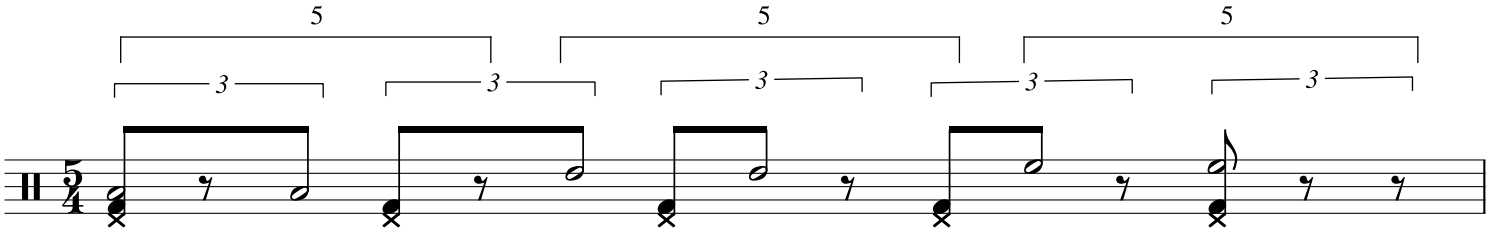
3:5 POLYRHYTHM EXERCISES

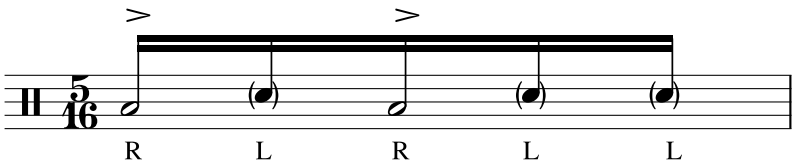
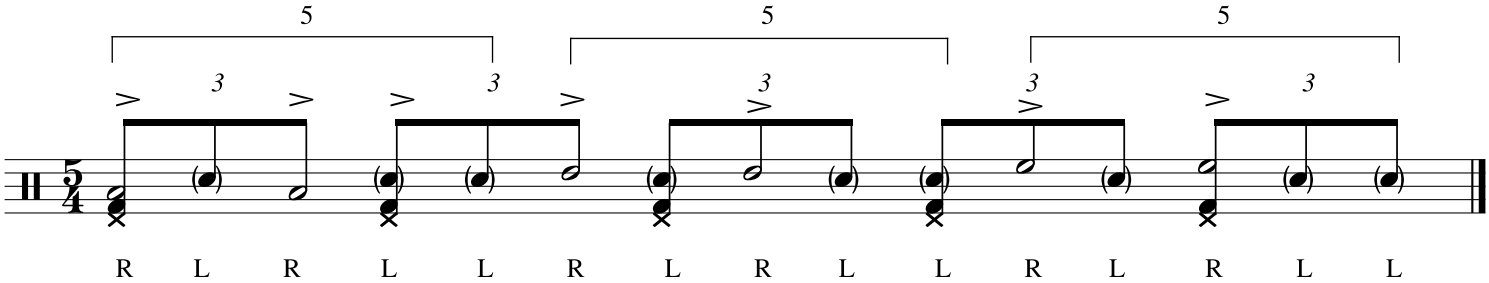
3:5 PolyRhythm
Feet playing 5
right hand accenting every 5th note of triplets over top



3:5 PolyRhythm
Feet playing 5
right hand accent 2+3 in groups of 5



Groups of 5
Accenting 2+3
R L **R** L L



3:5 PolyRhythm
R L **R** L L sticking in Triplets